

CHRISTIAN INTERNATIONAL
SCHOOL OF THE PROPHETS 2026

PROPHETS TO THE NATIONS

ASSIGNMENT 5

UNDERSTANDING MY SPHERE OF INFLUENCE

A prayerful assessment of place, preparation, calling, service, and Kingdom burden

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“Strengthen those who serve. Equip them where God has planted them. Send them renewed into the fields already entrusted to them.”

AUGUST 2026



ASSESSMENT TOOL

The Natural Perspective

As I sought the Lord through these questions, I saw that my sphere of influence has been formed through geography, rigorous preparation, sustained service, and the convergence of medicine, research, education, innovation, leadership, and ministry.

1. Local: Where were you born?

I was born in the Yallahs/Morant Bay area of St. Thomas, Jamaica. My Jamaican and Caribbean formation has given me a deep awareness of community, resilience, faith, resourcefulness, relationship, and the reach of the nations. I have lived in the United States for the past 27 years, and that long season has formed my experience across American healthcare, education, research, innovation, ministry, leadership, and diverse communities. I also lived in the Turks and Caicos Islands for one year and have traveled to seven other countries. These experiences have enlarged my cultural understanding and my capacity to recognize both the distinctiveness and the shared human concerns of people across places. Jamaica and the Caribbean remain part of the spiritual and cultural ground from which I understand service, healing, leadership, and mission, while my life in the United States and my international experience have widened the field through which I serve.

2. Academics: What level and achievements do you have academically?

I hold both the Doctor of Medicine and Doctor of Philosophy degrees and am a Fellow of the American College of Cardiology and the American Heart Association. I completed Internal Medicine residency, Cardiovascular Diseases fellowship, and the Mayo Clinic Clinician Investigator Program. I have expertise in Internal Medicine and am board certified in Cardiovascular Diseases. My academic formation spans approximately 25 years of research and scholarly work, with particular depth in preventive cardiology, cardio oncology, virtual care, translational research, and scientific mentorship. This preparation has trained me to listen carefully, test evidence, recognize patterns, teach clearly, and steward knowledge with integrity.

NATURAL PERSPECTIVE

Vocation and International Reach

3. Vocation: What job or business experience do you have?

I serve as a physician scientist cardiologist, clinician investigator, educator, mentor, innovator, and entrepreneur. My work includes clinical cardiology and cardio oncology, national virtual care, academic teaching, research leadership, technology enabled healthcare, organizational development, and the formation of clinicians, trainees, interns, and researchers. I have founded and led mission driven clinical, research, educational, nonprofit, and innovation initiatives. I am recognized internationally within my professional and spiritual niches, reflecting a sphere of influence that reaches beyond institutional and national boundaries. Being licensed as a medical doctor across all fifty states and the District of Columbia has enlarged my practical field of service across the United States. My vocational experience has taught me how to care for individual hearts while also building systems capable of strengthening communities, institutions, and future leaders.

ASSESSMENT TOOL

The Spiritual Perspective

1. Which Bible characters do you relate to?

I relate to Deborah in prophetic discernment, wise leadership, courage, and strengthening others to arise; Anna, daughter of Phanuel from the house of Asher, in sustained prayer, worship, spiritual attentiveness, patient preparation, and recognizing the appointed moment when it arrives; Daniel in excellence, disciplined devotion, intercession, prophetic insight, integrity within complex systems, and serving leaders without surrendering faithfulness to God; Jehoshaphat in seeking the Lord amid complex leadership decisions, gathering people into prayer, receiving and acting upon prophetic direction, positioning worship at the forefront, strengthening systems of justice, sending teachers throughout the land, and growing in discernment concerning relationships and alliances; Joseph in discerning what God is revealing and stewarding insight for leaders, systems, and nations; Nehemiah in carrying a burden, surveying what requires restoration, gathering people, and rebuilding with prayerful vigilance; Samuel in learning to recognize the voice of God and steward it faithfully; Luke in joining medicine, careful observation, scholarship, and testimony; and Paul in teaching, equipping, writing, building across regions, and serving a calling whose horizon continually widens. Together, these lives reflect dimensions of listening, watching, seeing, interpreting, building, healing, teaching, governing, persevering, and being sent.

2. What men or women of God inspire you, past and present?

I am inspired by spiritual leaders and saints throughout my life: biblical witnesses, faithful pastors, teachers, intercessors, prophetic ministers, missionaries, mentors, and quiet servants whose lives have revealed the character of Christ. Some have instructed me directly; others have modeled courage, holiness, compassion, disciplined listening, sacrificial service, and perseverance from a distance. In this 2026 season, Christian International and the wider prophetic formation communities surrounding me are sharpening my discernment, character, courage, humility, and stewardship. The cumulative witness of these men and women reminds me that influence is most trustworthy when presence with God and love for people remain at its center.

SPIRITUAL PERSPECTIVE

Fivefold Ministry Expression

3. Which fivefold expressions of Christ do you best fit?

The five offices identified in Ephesians 4:11 are apostle, prophet, evangelist, pastor, and teacher. My clearest fit is the prophetic expression, closely joined with the teacher. I listen for the heart and direction of God, perceive patterns, receive insight, and help people recognize how to respond faithfully. The teaching expression enables me to examine, explain, equip, and form others in ways that are grounded, understandable, and responsible. An apostolic dimension is also emerging through pioneering, building, connecting spheres, establishing structures, and preparing people to be sent into fields already entrusted to them. These expressions converge in my calling as a physical and spiritual cardiologist: attending to the heart, discerning the heart of God, and strengthening people for faithful action.

SPIRITUAL PERSPECTIVE

Ministry and Kingdom Burden

4. How has God used you to minister to others?

God has used me through compassionate clinical care, prayer, prophetic encouragement, teaching, preaching, mentorship, discipleship, research formation, leadership development, generosity, and mission. My overall international mission experience spans approximately twenty years across medical, spiritual, educational, and service contexts. Within that broader history, I served for about a decade through medical and spiritual missions in Monte Coca and other communities throughout the Dominican Republic, participating in clinics, teaching, preaching, giving, and discipleship. In professional settings, He has allowed me to care for patients, strengthen clinicians, guide trainees and researchers, form interns, and build pathways through which people can grow. Across these settings, ministry often begins with careful attention: caring for people, listening to them, hearing what lies beneath their words, seeing them fully, and helping them recognize the next faithful step.

5. What burdens has the Lord shared with you?

The Lord has shared with me a burden for hearts, both physical and spiritual; for those who serve while carrying unseen weight; for Christians in healthcare, especially physicians, trainees, interns, and researchers; for leaders whose decisions shape communities and nations; and for people whose access to excellent care, wise counsel, formation, or opportunity remains limited. He has also deepened my concern for responsible prophetic stewardship, integrity in influence, healing across communities, the preparation of emerging leaders, and the movement of His compassion through the United States, the Caribbean, Latin America, and the nations. The burden carries a consistent invitation: strengthen those who serve, equip them where God has planted them, and send them renewed into the fields already entrusted to them.

DISCERNED SYNTHESIS

How God Has Positioned Me

My sphere of influence is best understood as a set of concentric and intersecting fields rather than a single occupational category. The center is communion with God and faithful stewardship of His voice. From that center, the calling extends through the following connected spheres:

HEARTS Physical and spiritual cardiology; healing, attentive presence, discernment, and strengthening.

HEALTHCARE Patients, physicians, clinicians, trainees, and leaders who shape care across systems.

FORMATION Interns, researchers, emerging leaders, believers, and prophetic communities learning to hear, discern, respond, and steward.

KNOWLEDGE Research, scholarship, education, writing, evidence, and insight translated into faithful action.

LEADERSHIP Wise counsel, institution building, innovation, governance, responsible influence, and preparation for service.

PLACES AND PEOPLES Jamaican and Caribbean roots; the United States as a present field; Latin America and the nations as a widening horizon.

My assignment is to carry the heart of God into the places where healing, knowledge, leadership, formation, and mission meet. I am being formed to listen deeply, discern responsibly, build wisely, and serve courageously. The Lord has positioned my history, preparation, relationships, professional reach, and prophetic formation as tributaries flowing toward one purpose: to strengthen hearts and help people, systems, and communities respond faithfully to Him.

ORIGINAL VISUAL

The Convergence of My Sphere

Medicine, research, formation, leadership, communities, and nations gather around the light and direction of God.



Original visual created for Prophets to the Nations Assignment 5